

## 大便樣本收集指引： (大便鈣衛蛋白測試)

1. 你會收到 1 個大便收集容器。(醫生會提供給你或你可從本中心取得)
2. 收集大便樣本:
  - a. 建議方法: 將一個乾淨的大膠袋攤開並鋪在馬桶上，然後再鋪上廁紙在膠袋上，再蓋上坐廁板。(如右圖所示)
  - b. 你亦可自選方法收集大便樣本，但大便樣本 **不能** 被廁水或尿液沾濕。
  - c. 排便後，將大便樣本收集至填滿大便收集容器約三分之一，並扭緊樣本收集容器樽蓋。



- ❖ 請勿放入紙巾或其他物質於樣本樽內以免影響檢驗結果。
- ❖ 請勿讓大便樣本接觸廁缸(因為廁缸中有大量細菌會影響測驗結果)。

3. 填寫樣本的 收集日期 及 時間，並於收集樣本後 24 小時內交回本中心。

### 遞交樣本時間:

逢星期一至三，上午 9 時至下午 5 時及星期四中午 12 時或之前 (公眾假期休息)

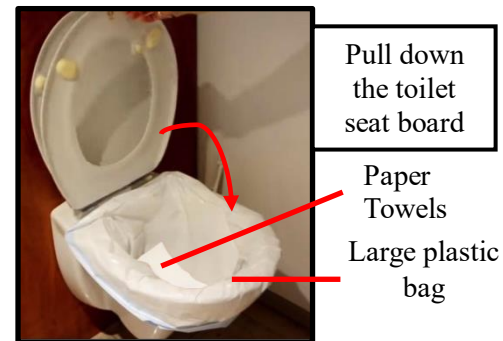
- ❖ 請勿於星期四至六收集大便樣本

## Stool Sample Collection Instructions: (Fecal Calprotectin Test)

1. You will receive a stool specimen container. (It will be given by doctor or you can get it from our centre)

2. Stool sample collection:

- Suggested method: Cover the toilet with a large clear plastic bag, place a paper towel on the plastic bag and then pull down the toilet seat board to stabilize the plastic bag. (As shown at the right)
- You can choose your own method to collect the stool sample, but the sample **MUST NOT** be mixed with toilet water or urine.
- After defecation, fill one-third of stool container with the stool sample, lock the container tightly.



- ❖ Do not put paper towel or other substances, which may affect the test results, in the sample bottles.
- ❖ Do not allow the stool sample contacted with the toilet tank. (Toilet tank contains a large number of bacteria that can affect the test results)

3. Write down the date and time of collection, and return the sample to our center within 24 hours.

### Time of Submitting Sample:

Every Monday to Wednesday, 9am to 5pm and Thursday before 12pm (Closed on public holiday)

- ❖ Do not collect sample from Thursday to Saturday